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## Right now for many of us, it's an uncertain and stressful time for our finances



Over recent weeks we've seen significant shifts to the economy because of the coronavirus pandemic and with increasing levels of uncertainty, you may be considering your finances and looking at ways to safe guard your money over the coming weeks and months.

If you don't have an emergency fund, don't panic! To help employees prepare, Neyber, our financial wellbeing provider, has compiled a <u>checklist</u> with a simple plan to support you in managing your money during the Coronavirus crisis.

In addition, Neyber's Financial Wellbeing Lead, Rebekah Gerry recently hosted a webinar to discuss the key financial steps individuals may want to take to further protect their finances and plan for the future. To access the webinar, <u>click here</u>.

Don't forget you can also take advantage of the wider financial tools and resources that are available through the Neyber portal via LSH Reward.

Important: Salary Finance Limited trading as Neyber does not offer regulated financial advice. Please seek independent financial advice.